

April 2017



Adult Wellness & Prevention Screening

(805)544-2484 ext. 1

Monday	Tuesday	Wednesday	Thursday
3	4 Atascadero Colony Park Community Center 5599 Traffic Way 9:00am-12noon *Lipid Panel	5	6 Los Osos S. Bay Com. Center 2180 Palisades 9:00am-12noon *Lipid Panel
10	11 San Luis Obispo Judson Lodge 3042 Augusta St. 9:00am-12noon	12	13 San Luis Obispo Senior Center 1445 Santa Rosa St. 9:30am-11:30am
17	18 Arroyo Grande Peace Lutheran Church 244 Oak Park Blvd 9:00am-12noon *Lipid Panel	19	20 Arroyo Grande Parkview Manor 365 Elm Street 10:00am-12noon *Lipid Panel
24	25 Morro Bay Senior Center 1001 Kennedy Way 9:00am-12noon *Lipid Panel	26	27 Paso Robles Senior Center 270 Scott St. 9:00am-12noon

Offering the following free services in your community:

- Blood Pressure
- Pulse
- Weight
- Screening for Anemia
- Blood Sugar
- Cholesterol
- Nutritional & healthy lifestyle counseling

No Appointment needed for basic services.
Appointment recommended for full Lipid Panel *

Thank you to our generous donors:
The County of San Luis Obispo, San Luis Obispo Community Foundation, City of Pismo Beach, Wells Fargo

***Lipid Panels** (breakdown of cholesterol –HDL, LDL, Triglycerides, Cardiac risk ratio) available by appointment on designated days above for \$20. Call 544-2484 ext. 1 for appointment. Fasting required before test

