


# February 2017

## Adult Wellness & Prevention Screening



(805)544-2484 ext. 1

Monday	Tuesday	Wednesday	Thursday
		1	2 <b>Los Osos</b> S. Bay Comm. Ctr 2180 Palisades 9:00am-12noon <b>*Lipid Panel</b>
6	7 <b>Atascadero</b> Colony Park Community Center 5599 Traffic Way 9:00am—12noon <b>*Lipid Panel</b>	8	9 <b>San Luis Obispo</b> Senior Center 1445 Santa Rosa St. 9:30am-11:30am
13	14 <b>San Luis Obispo</b> Judson Lodge 3042 Augusta St 9:00am-12noon	15	16 <b>Arroyo Grande</b> Parkview Manor 365 Elm Street 10:00am -12 noon
20 	21 <b>Arroyo Grande</b> Peace Lutheran 244 Oak Park Blvd. 9:00am-12noon <b>*Lipid Panel</b>	22	23 <b>Paso Robles</b> Senior Center 270 Scott St. 9:00am-12noon
27	28 <b>Morro Bay</b> Senior Center 1001 Kennedy Way 9:00am-12noon <b>*Lipid Panel</b>		

**Offering the following free services in your community, for your convenience:**

- Blood Pressure
- Pulse
- Weight
- Screening for Anemia
- Blood Sugar
- Cholesterol
- Nutritional & healthy

No appointment needed for basic services.  
Appointment recommended for Lipid Panel\*

**Thank you to our generous donors:**  
The County of San Luis Obispo,  
San Luis Obispo Community Foundation,  
San Luis Obispo HRC  
Wells Fargo,  
City of Pismo Beach

**\*Lipid Panels** (breakdown of cholesterol –HDL, LDL, Triglycerides, Cardiac risk ratio) available by appointment on designated days above for \$20. Call 544-2484 ext. 1 for appointment. Fasting required before test

