

October 2017



Adult Wellness & Prevention



Monday

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Tuesday

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Wednesday

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Thursday

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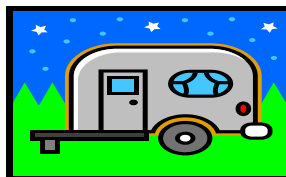
(805)544-2484 ext. 1

Offering the following **free & low cost services in your community, for your convenience:**

- Blood Pressure
- Pulse
- Weight
- Screening for Anemia
- Blood Sugar
- Cholesterol
- Nutritional & healthy lifestyle counseling

No appointment needed for basic services. Appointment recommended for Lipid Panel.

Thank you to our generous donors:
 The County of San Luis Obispo,
 San Luis Obispo Community Foundation,
 City of Pismo Beach
 San Luis Obispo HRC,



***Lipid Panels** (breakdown of cholesterol –HDL, LDL, Triglycerides, Cardiac risk ratio) available by appointment on designated days above for \$20. Call 544-2484 ext. 1 for appointment. Fasting required before test.

