

May 2018



Adult Wellness & Prevention Screening

(805)544-2484 ext.1

Monday	Tuesday	Wednesday	Thursday
	1 Atascadero Colony Park Community Center 5599 Traffic Way 9:00am -12noon *Lipid Panel	2	3 Los Osos S. Bay Community Center 2180 Palisades 9:00am-12noon *Lipid Panel
7	8 San Luis Obispo Judson Lodge 3042 Augusta St 9:00am-12noon	9	10 San Luis Obispo Senior Center 1445 Santa Rosa St. 9:30am-11:30am
14	15 Pismo Beach St. Paul's Catholic Church 800 Bello St. 9:00am—11:00am *Lipid Panel	16	17 Oceano Central Coast Sr. 580 Railroad 9:00am-11:30am *Lipid Panel
21	22 Morro Bay Senior Center 1001 Kennedy Way 9:am-12noon *Lipid Panel	23	24 Paso Robles Senior Center 270 Scott St. 9:30am-12noon
28	29	30	31

Offering the following free services in your community, for your convenience:

Blood Pressure
Pulse
Weight

Screening for
Anemia
Blood Sugar
Cholesterol

Nutritional & healthy

No appointment needed for basic services. Appointment recommended for full Lipid Panel*

Thank you to our generous donors:
The County of San Luis Obispo, San Luis Obispo Community Foundation, City of Pismo Beach,

***Lipid Panels** (breakdown of cholesterol -HDL, LDL, Triglycerides, Cardiac risk ratio) available by appointment on designated days above for \$20. Call 544-2484 ext. 1 for appointment. Fasting required before test.

